

CAMP VERITAS

Camp Veritas Rules

1. Campers may not leave the grounds of Camp Veritas (Lake Placid, Clongowes Wood College, Summit Lake Camp, Camp Lakota or Mount Saint Mary College) at any time unless escorted by Camp Veritas Staff for specific off-campus activities. Campers must get their chaperone's permission if they wish to leave their group's area/activity.
2. Campers are not permitted to enter the housing quarter's area of the opposite gender. No exceptions. Campers must be in their assigned quarters by curfew and respect "lights out" times.
3. Modest dress is expected. Shirts must remain on outside bathing/swimming activities. No halter-tops, spaghetti straps, belly-shirts, two-piece bathing suits (unless there is no belly showing), or clothing with inappropriate language/logos. Shorts and skirts must reach mid-thigh *and* past your fingertips or longer. Also, if it looks like it is painted on, it is not appropriate for our camp! We would be more than happy to lend some of our awful lost-and-found clothing to be used as an alternative! ☺
4. Inappropriate behaviors will not be tolerated.
5. Cigarettes, e-cigarettes, alcohol, illegal drugs, and weapons of any kind (including pocket knives) are not allowed.
6. **NO CELLPHONES OR ELECTRONICS:** *Why?* The intent of the Camp is to provide an experience that will facilitate an encounter with God. A major key to our success is that we turn off the "noise" of our life so we can listen. Campers are therefore **not allowed** to have electronic distractions on the Camp premises. This includes cell phones, I-Pods, and video games and tablet readers. If there is any remote reason to communicate with you at any time, the Camp Veritas staff will contact you immediately. Note that the Camp Veritas Chaperones will have a cell phone available should a call home be needed following the Wednesday of camp (except Summit Lake Location which does not have reliable cell service but has a land line for emergencies). *Why Wednesday?* Teens whose minds are not in the present and that are distracted by matters at home are less likely to engage in the great relationships and activities that are being provided to them at Camp Veritas. In short, we want the teens to fully engage in camp. For some parents, this separation may be difficult. Camp Veritas would love extra volunteers for the week if closer contact is needed. Note that if found, electronic items will be confiscated, and Camp Veritas is not responsible for the security of lost or damaged items.
7. Each camper is responsible for keeping track of his or her belongings. Camp Veritas will not be held responsible for lost or missing items, including forbidden items that have been confiscated (cell phones, electronics, etc.)
8. Although many teens desire romance, the primary objective of Camp Veritas is to develop a relationship with God. Physical signs of affection at Camp Veritas are limited to hands on backs or shoulders only, if needed.